Dear New Paltz student,

If you are interested in sharing your experiences at New Paltz with us in an interview, please contact our office at sandickl@newpaltz.edu. We are always looking for new and exciting stories to share with our community.

REMINDER: Avoiding Scams

Scammers are criminals who may impersonate government or school officials to steal your money or identity. We want to take the time to stress the importance of protecting yourself against scammers.

We would like to draw special attention to the International Student Health Insurance brochure. It serves as a general reference resource guide. Please make sure to consult department websites for the most up-to-date information at all times.

The brochure includes information on:
- The International Student Health Insurance Plan
- The International Student Health Insurance Plan Options
- The International Student Health Insurance Plan Coverage
- The International Student Health Insurance Plan Cost

We are not including a link to our new website, but you can visit us online to learn more about our services.

REMINDER: Check vaccine eligibility and appointment availability

We want to take the time to stress the importance of getting vaccinated. Make sure to check your eligibility and schedule an appointment as soon as possible.

We would like to draw special attention to the International Student Health Insurance brochure. It serves as a general reference resource guide. Please make sure to consult department websites for the most up-to-date information at all times.

The brochure includes information on:
- The International Student Health Insurance Plan
- The International Student Health Insurance Plan Options
- The International Student Health Insurance Plan Coverage
- The International Student Health Insurance Plan Cost

Please check your eligibility and schedule an appointment as soon as possible.

The Medical Center

Our Medical Center offers a wide range of services and resources for our students. We offer:
- Primary care services
- Mental health services
- Health education and prevention services
- Referrals to specialists

Please check our website for more information on our services and how to schedule an appointment.

The Globe!

The Globe is our campus newspaper. We publish articles on a variety of topics, including local news, campus events, and student life. You can read the latest issue online or in print. We encourage you to check out our website and subscribe to our email list to stay up-to-date on the latest news.

Subscribe to our email list.

- Terisa Siagatonu

The Medical Center

University Health Services

Our University Health Services offers a variety of services and resources for our students. We offer:
- Health education and prevention services
- Referrals to specialists
- Mental health services
- Primary care services

Please check our website for more information on our services and how to schedule an appointment.

Announcements and Reminders

- Virtual Trauma-Informed Yoga (April 6)
- Human v Zombies (April 5)
- WhoDunnit: A New Paltz After Dark Event (April 3)
- Self Care Basket Giveaway (April 7)
- Post-Midterm DIY Destresser (April 8)
- Bubble Car Brain Busters (April 9)
- Virtual Trauma-Informed Yoga (April 13)
- Stronger Together Support Group (April 15)
- REMINDER: CircleIn - The Peer to Peer Study App
- REMINDER: check vaccine eligibility and appointment availability
- REMINDER: Avoiding Scams

If you have any questions or concerns, please contact our office at sandickl@newpaltz.edu.