Dear New Paltz student,

This week's issue is FULL of events and opportunities, including international education, virtual career fairs, and sports events.

International Education Week (Get Involved!)

In honor of International Education Week, we are asking for you to submit your favorite family recipe. Share your home recipes for a good cause! If you cannot access Google forms, please email submissions or questions to studyabroad@newpaltz.edu. It has often been said that food brings people and cultures together. In honor of International Education Week, we are asking for you to submit your favorite family recipes. The recipes will be collected and shared in either a digital or print format. In addition, these recipes will be used to support cultural exchange programs through SUNY New Paltz.

Isshyn Ryu (Traditional Okinawan Karate)

Join us for an evening themed Yoga Class Under the Stars Friday 10/9! Learn some of the basics of Isshyn Ryu (a traditional Okinawan style), in a socially distanced and safe way. Great for exercise, stress reduction, and self-defense!

Virtual Career Fair for Jobs & Internships

SUNY New Paltz students and alumni are invited to register now for the Fall 2020 Virtual Career Fair for Jobs & Internships. Registration is open now until the day before the event. Check back weekly to see which employers will be attending. They are still registering until the day before the event.

More coming soon from the International Student Union!

Tip of the Day

Share your favorite family recipe! You can now visit our International Education Week website is live! To the right of the image you will find a collage of images submitted by others. Share your photos and contribute to our collage! We are hoping that people will pay or donate to see your recipes, with the funds used to support cultural exchange programs through SUNY New Paltz. In addition, these recipes will be collected and shared in either a digital or print format.

Photography Submission

We invite all international students and study abroad students to contribute to our Student Corner. We are hoping that people will pay or donate to see your recipes, with the funds used to support cultural exchange programs through SUNY New Paltz. Content will be added as it is submitted. If you cannot access Google forms, please email submissions to international@newpaltz.edu or studyabroad@newpaltz.edu. If you submit a photo, please make sure to include your name and location:

- A country where you studied abroad
- A city where you studied abroad
- A place that is special to you
- A place that is culturally significant
- A place that is a part of an event you worked on

You can use this format to tell us more about your image. If you submit more than one photo, you can use a combination of these ideas. If you have a photo essay, you can write about what your photos mean to you or why you chose to take the photos. If you have a recipe, you can write about what it means to you or why you chose to share it.

Cooking Demo Submission

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